



GSSC Extra Practice Policy

Frequently swimmers request extra instruction especially in figures. There are 2 types of extra practices; make-up practices and extra figure practices.

1. Extra practice must take place within the regularly contracted Club pool time. Facilities that rent pool space to the Club have clearly indicated that **instruction outside of the contracted time is not allowed.**
2. Coaches must contact the Club to arrange time for extra practice in order to avoid in-pool crowding, or conflicts in use of equipment (i.e. sound system). If the sound system is to be used, the regularly scheduled groups have priority and it is suggested that coaches with extra routine practice consult with the regularly scheduled coaches to determine how best to allot music time.
3. Once a coach has permission from the Club to conduct extra practice in a given time slot, the time should be invoiced through the Club. Coaches are not to collect fees directly from the parent(s). This process gives the Club control over who is in the pool and who is paid, both necessary from an organizational point of view and for insurance purposes through Synchro Ontario.
4. The following fee structure will be in place for the current season:
 - 1 swimmer/coach= \$20/hour
 - 2 swimmers/coach= \$10/hour/swimmer
 - 3 swimmers/coach= \$7/hour/swimmer
 - 4 swimmers/coach= \$5/hour/swimmer
5. Coaches should indicate on their invoice what swimmers have participated in extra practice as this will be billed back to the parents. Extra practices are to be billed through the Club. Coaches must itemize the practice as extra practice time, noting make-up or extra practice and swimmers name(s) on their invoices. Coaches will be paid at the above mentioned rates. Parents will be billed by the Club. Please note that the entire cost of the practice is going to the coach, the Club has no financial benefit from extra practices. **Parents do not pay the coach directly.**