



Guelph Synchronized Swim Club
Masters Competitive Registration 2017-2018

GSSC, P.O. Box 21044
35 Harvard Road
Guelph, Ontario
N1G 4T3

www.guelphsynchroswim.ca

August 2017

Welcome to the Guelph Synchronized Swim Club!

Registration is now open! The Guelph Synchronized Swim Club is pleased to once again be offering training for individuals who are interested in competing at the Masters Competitive level. This is a wonderful opportunity for swimmers interested in advancing their skills and performing in a friendly environment alongside swimmers from other clubs.

Swimmers will practice Tuesdays from 5:30 – 7:30pm at Centennial Pool located on College Avenue in Guelph. In addition, swimmers normally attend at least 2 meets during the season including: West Regionals meet on Feb 24-25, 2018 and Novice/Masters Championships on May 5-6, 2018. Swimmers also participate in a variety of club water shows, charity swims and demonstrations.

This program is a full-year commitment from September 5, 2017 to May 12, 2018.

FEES: What do your fees include?

Registration fees include routine competition swimsuit, mandatory Synchro Ontario and Synchro Canada registration, competition registration fees, pool rental, weekly instruction, coaching, club photos, and general club operations.

SWIM & CLUB APPAREL:

For your convenience, GSSC sells the required Masters Competitive team swimwear which includes 2 swimsuits (ie. a one piece black suit & team practice suit), goggles, 2 swim caps (white and team GSSC), and nose plugs which are all necessary for the synchro season.

FUNDRAISING:

Although not mandatory, your assistance in helping GSSC to fundraise during the season is most welcome.

To register, please complete and return the following items:

- | | |
|-----------------------------------|--|
| GSSC Registration Form: _____ | Medical Treatment Consent: _____ |
| Photo Consent: _____ | PIPEDA (personal info privacy) Form: _____ |
| Participant Agreement Form: _____ | Agreement to Receive Electronic Communications _____ |

If you have any questions, please contact the

GSSC Registrar at registrar@guelphsynchroswim.ca

Masters Competitive Program Registration Form

Swimmer's Name: _____

Masters Competitive Team

September 5, 2017 – May 12, 2018

Times: 2.00 hours per week
- Tuesday: 5:30 -7:30 (pool) - Centennial Pool

MASTERS COMPETITIVE SYNCHRO MEET SCHEDULE 2017-2018 (tentative):

Feb 24-25, 2018 – West Regionals Meet – Victor Davis Pool (Guelph, Ontario)

May 5-6, 2018 – Novice/Master Championships Meet – Olympium Pool (Etobicoke, Ontario)

Other performances:

Christmas Water Show – December 16, 2017

College Royal Performance – March 17, 2018

Year End Water Show – May 12, 2018

REGISTRATION FORMS & DEPOSIT: DUE – TUESDAY, AUGUST 15, 2017

Fees are determined based on a range of factors including the number of swimmers registered. Fees include mandatory Synchro Ontario and Synchro Canada registration, competition registration fees, pool rental, coaching, routine swimsuit, club photos, and general club operations. Registrants will be notified promptly once fees for the season are finalized. Options for payment includes e-transfer or cheque. A monthly instalment payment plan is available.

Please return your registration form preferably by email to: registrar@guelphsynchrowim.ca

or via mail:

GSSC, P.O. Box 21044, 35 Harvard Road, Guelph, Ontario N1G 4T3.

PAYMENT:

A **\$200 (non-refundable) deposit is due along with the attached completed registration package by Tuesday, August 15, 2017.** E-transfers should be directed to: treasurer@guelphsynchrowim.ca or post-dated cheques made out to GSSC may be mailed to the address noted above.



Participant's Agreement

Name of Participant: _____ Age _____ CLUB: Guelph Synchronized Swim Club

ALL SPORT, INCLUDING SYNCHRONIZED SWIMMING, HAS ITS RISKS

I participate in the sport of synchronized swimming because it is physically and mentally challenging. In consideration of my participation in such programs, activities and events, I hereby acknowledge that I am aware of the risks and hazards associated with or related to synchronized swimming. The risks and hazards of synchronized swimming include, but are not limited to:

- Injuries from executing strenuous and demanding physical techniques in synchronized swimming including boosts and lifts;
- Injuries from dryland training including weights, pilates, running, dance, bands, circus school and massage;
- Injuries from entering the water by either diving or jumping;
- Injuries from spending extended times in chlorinated water including bacterial infections and rashes;
- Injuries from collisions with the pool wall or pool bottom;
- Injuries from extended time underwater;
- Injuries from physical contact with other participants including spotters whose role is to enhance safety and learning;
- Injuries from strenuous cardiovascular workouts;
- Injuries from exerting and stretching various muscle groups; and
- Travel to and from competitive events and associated non-competitive events which are an integral part of the organization's activities.

Furthermore, I am aware:

- That injuries sustained in synchronized swimming can be severe;
- That I may come into close contact with other participants, including the possibility of accidental and unexpected touching;
- That I may experience anxiety while challenging myself during the activities;
- That my risk of injury is reduced if I follow all rules adopted during training; and
- That my risk of injury increases as I become fatigued.

I AGREE TO BE RESPONSIBLE FOR MYSELF

I am participating voluntarily in these activities, events and programs. I agree that there are risks in synchronized swimming as described above. By participating voluntarily in these events, activities and programs, I am exposed to these risks and hazards. I agree to accept them and be responsible for any injury or other loss which I might receive while participating in these events, activities and programs.

If something happens to me, I release the organizers of responsibility for any claims, demands, actions and costs which might arise out of my participation. In this Agreement I understand "organizers" to mean: Synchro Swim Ontario, its directors, officers, members, employees, volunteers, officials, participants, clubs, agents, sponsors, owners/operators of the facility, and representatives.

I ACKNOWLEDGE MAKING THIS AGREEMENT

I have read and understood the terms and conditions of this agreement, and by signing it voluntarily, I am agreeing to abide by these terms.

Printed Name of Participant (Swimmer)

Signature of Participant (Swimmer)

Date

CONSENT FOR EMERGENCY MEDICAL TREATMENT
(to be signed by the participant)

I, _____, give permission to the officials and coaches of Synchro Swim Ontario to make decisions concerning medical care and treatment, and where necessary to authorize such care and treatment in emergency situations. I understand that the officials and coaches of Synchro Swim Ontario will make every reasonable effort, in the circumstances, to contact my emergency contact regarding my medical status in the event an emergency arises. In the event that my emergency contact can not be reached, I hereby give my permission to the licensed physician, dentist, athletic therapist, nurse or other medical professional whose services might be required to provide medical care and treatment.

By signing here, I indicate that I have the understanding and capacity to communicate health care directives for myself and that I am fully informed as to the contents of this document and understand the full importance of this grant of powers to the officials and coaches of Synchro Swim Ontario.

Dated: _____, 2017 Participant signature: _____

PHOTOGRAPH AND INFORMATION PERMISSION

Synchro Swim Ontario requests that each club has their members sign a permission form to allow the use of photos/videos to be used for a variety of purposes and that the form includes permission for Synchro Swim Ontario to also use such materials. This would make the development of newsletters, web articles, display boards, posters, etc. much easier when creating materials and marketing the sport.

For more information on how Synchro Swim Ontario uses photos/videos, refer to our Privacy Policy at www.synchroontario.com.

Date _____

The undersigned authorizes Guelph Synchronized Swim Club and Synchro Swim Ontario to permit photographers/videographers employed or designated by Guelph Synchronized Swim and Synchro Swim Ontario to take photographs and/or film/video footage of and to obtain quotations and information from the undersigned. Such photographs, film/video footage and recorded comments may be used for educational purposes, publications and/or broadcasts which may include but not limited to the following: newspapers, radio, television, staff newsletters, photographic displays, and publicly distributed publications such as annual reports, external newsletters, news releases, pamphlets, brochures, websites, flyers and promotional publications and the undersigned shall be entitled to no compensation as a result of such use from Guelph Synchronized Swim or Synchro Swim Ontario.

Signature _____
(Swimmer)

Print Name _____

Address _____

Phone _____

Guelph Synchronized Swim Club

Personal Information Protection and Electronics Documents Act (PIPEDA)

Consent Form

September 1, 2017 - August 31, 2018

Print Name: _____
(Swimmer)

In keeping with efforts to remain compliant with PIPEDA it is the policy of the Guelph Synchronized Swim Club (GSSC) to limit member's use of addresses, phone numbers, cell phone numbers, fax numbers, e-mail and mailboxes for distribution of Club related information only. Both e-mail listings and group e-mail folders are for the sole use of distributing pertinent information to the membership and are to be used for club information only.

The use of individual e-mail addresses and mail folders will be limited to documents, which are distributed for the purpose of communicating and providing information about:

- **GSSC's programs & registrations, special events, general information**
- **Official synchro swim governing bodies, such as but not limited to Synchro Ontario and Synchro Canada**

The policy will apply to the following: day-to-day communications, special announcements, fundraising updates, competition results, newsletters and necessary one-to-one communications between parents, coaches, swimmers and club executive.

During GSSC registration periods, the GSSC Executive will collect signatures from all incoming members consenting to the use of their addresses, e-mail, phone numbers, and cell phone numbers for the purposes stated above.

It will be the responsibility of each member to inform the Registrar in writing regarding any address, e-mail address or phone number changes and updates. The Registrar or his/her appointee will retain copies of all documents distributed to club members involving Club activities and business and make every reasonable effort to prevent unauthorized use of members' addresses, phone numbers and e-mail address information.

YES, I consent to the use of my address, phone numbers, and e-mail for the purposes stated above. If additional uses for my private information are found, I will be notified and provide consent before distribution.

I further consent to the disclosure of my personal information to Synchro Swim Ontario, Synchro Canada and other organizations, clubs, volunteers and programmers who require it to enable continued participation, communication and promotion within the sport.

The Synchro Ontario Privacy Policy is posted at www.synchroontario.com under Privacy Policy. For further information call the Synchro Swim office 1-905-572-7962 extension 224.

Member's signature: _____ Date: _____
(Swimmer)

NO, I do not consent to the use of _____ (please specify)

Member's Signature: _____ Date: _____

**Guelph Synchronized Swim Club
Agreement to Receive Electronic Communications**

I, _____, agree to receive electronic communications from Synchro
(participant)

Swim Ontario and member clubs including the Guelph Synchronized Swim Club. Electronic communications include newsletters, promotions and program and event information that may contain information of a commercial nature. I understand that if I no longer wish to receive electronic communications from Synchro Swim Ontario or the Guelph Synchronized Swim Club I can withdraw my consent at any time using the process set out in the Synchro Swim Ontario or the Guelph Synchronized Swim Club Privacy Policy.

Signature of Participant

Date